

ZONE 1 Plants (most salt spray tolerance)								
Botanical Name	Common Name	Foliage Retention	Exposure	Dry, sandy soil tolerance	Moist, well-drained soil	Wet, poorly drained soil tolerance	Availability from Nurseries	Wildlife Value
Shrubs								
<i>Baccharis halimifolia</i>	Groundsel bush	deciduous	sun	yes	yes	yes	Limited availability	yes
<i>Iva frutescens</i>	High-tide bush	deciduous	sun	no	yes	yes	Limited availability	yes
<i>Morella pensylvanica</i>	Northern bayberry	deciduous	sun	yes	yes	no	Somewhat available	yes
<i>Prunus maritima</i>	Beach plum	deciduous	sun	yes	yes	no	Somewhat available	yes, seeds toxic
<i>Rosa carolina</i>	Carolina rose	deciduous	part shade to sun	yes	yes	no	Limited availability	yes
<i>Rosa virginiana</i>	Virginia rose	deciduous	part shade to sun	yes	yes	no	Limited availability	yes
Groundcovers								
<i>Arctostaphylos uva-ursi</i>	Bearberry	evergreen	sun	yes	yes	no	Somewhat available	yes
<i>Lathyrus japonicus var. maritimus</i>	Beach pea	deciduous	sun	yes	no	no	Limited availability	yes, seeds toxic
Herbaceous Perennials								
<i>Limonium carolinianum</i>	Sea lavender		sun	no	no	yes	Limited availability	low
<i>Solidago sempervirens</i>	Seaside goldenrod		sun	yes	yes	no	Limited availability	yes
Grasses and Sedges								
<i>Ammophila breviligulata</i>	American beach grass		sun	yes	no	no	Limited availability	low
<i>Juncus gerardii</i>	Black rush		sun	no	no	yes	Limited availability	yes - shelter
<i>Spartina alterniflora</i>	Saltwater cordgrass		sun	no	no	yes	Limited availability	yes
<i>Spartina patens</i>	Saltmeadow cordgrass		sun	no	no	yes	Limited availability	yes